

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Emergency Service (911)

Garfield County Communities		
<i>Aspen</i>	Fire	925-5532
	Ambulance	544-1583
	Police	920-5400
<i>Basalt</i>	Fire/Ambulance	704-0675
	Police	927-4316
<i>Carbondale/ Redstone</i>	Fire/Ambulance	963-2491
	Police	963-2662
<i>Glenwood Springs</i>	Fire/Ambulance	384-6480
	Police	384-6500
<i>New Castle</i>	Ambulance	945-9151
	Police	984-2302
<i>Parachute</i>	Ambulance	911
	Police (GarCo Sheriff's Dept.)	625-8095
<i>Silt</i>	Ambulance	625-1899
	Police	876-2735
<i>Rifle</i>	Ambulance	911
	Police	625-8095
Colorado State Patrol		945-6198
Colorado Road Report		303-639-1111
<i>www.cotrip.org</i>		

The Garfield County Human Services Commission, a volunteer group of leaders in local government agencies, nonprofits and the general citizenry, holds monthly meetings that are open to the public. Meetings are held on the second Wednesdays of the month and alternate between meeting sites in Glenwood Springs and Rifle. For more information, please contact the HSC elected secretary at 948-1002.

Crisis Lines

Advocate Safehouse Project (Garfield County)	
<i>Promotes healthy relationships free from violence</i>	
Help Line	945-4439, 285-0209
Administration	945-2632
<i>www.advocatesafehouse.org</i>	
AIDS Hotline	800-342-2437
Arson Hotline	800-342-2437
Aspen HOPE Center	925-5858
<i>www.aspenhopecenter.org</i>	
Cocaine Hotline	800-262-2463
Mind Springs Health	888-207-4004
Poison Control	800-222-1222
RESPONSE	
<i>Help for Victims of Domestic Violence & Sexual Assault (Pitkin and West Eagle County)</i>	
Help Line	920-SAFE (7233)
Administration	920-5357
Runaway Hotline	800-621-4000
Suicide Helpline	800-784-2433
	800-SUICIDE
	800-273-TALK (8255)
Spanish Suicide Helpline	800-SUICIDA

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Emergency Assistance/Basic-needs Services

Aspen HOPE Center <i>www.aspenhopecenter.org</i>	925-5858
Catholic Charities <i>Supporting all community members by meeting basic needs</i> <i>www.ccdenver.org</i>	384-2060
Defiance Thrift Store	945-0234
LIFT-UP <i>Providing food and other basic assistance to our neighbors in need</i>	
Aspen	544-2009
Basalt	279-1492
Carbondale	963-1778
Glenwood	945-2005
New Castle	948-2115
Parachute	285-7903
Rifle	625-4888
<i>www.liftup.org</i>	
LIFT-UP Extended Table (“soup kitchen”) Glenwood and Rifle locations	625-4496
Mountain Family Health	945-2840
Reach-Out Colorado <i>Serving Rifle and Parachute with basic emergency needs</i> <i>www.reach-out-colorado.org</i>	309-0384
River Center <i>Neighbors helping neighbors</i> <i>www.rivercenternewcastle.org</i>	984-4333

The Salvation Army <i>Providing emergency services from Basalt to Parachute</i> <i>Facebook.com/SalvationArmyGlenwood</i>	945-6976
Western Colorado Chapter of the American Red Cross	
Business hours	242-4851
Emergency after hours	210-9742

Don't forget to:

- direct people to 2-1-1 and *www.wc211.org*
- maintain your organization's agency's current contact info. at Western Colorado 2-1-1

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Adult Education

Colorado Mountain College	
Aspen Campus	925-7740
Carbondale Center	963-2172
Central Administration	945-8691
Glenwood Springs Center	945-7486
Rifle Campus	625-1871
Spring Valley Center	945-7481
www.coloradomtn.edu	
English in Action	963-9200
<i>Tutoring for adults learning English, from Carbondale to Aspen</i>	
www.englishinaction.org	
CMC's Gateway Wo/Men In Transition	384-8518
www.coloradomtn.edu/partnerships/gateway	
Glenwood Workforce	945-8638
Literacy Outreach	945-5282
<i>Basic literacy skills for adults in Garfield County</i>	
www.literacyoutreach.org	
Rifle Workforce	625-5627
Valley Settlement Project	963-0851
<i>School readiness, elementary school achievement, economic stability, community engagement</i>	
www.valleysettlementproject.org	
University of Denver Western CO MSW Program	945-1133
www.du.edu/socialwork/programs/wcolorado.html	

Child and Adolescent Services

Aspen HOPE Center	925-5858
www.aspenhopecenter.org	
Court Appointed Special Advocates of the Ninth Judicial District (CASA of the Ninth)	987-4332
<i>Volunteer Advocates for children in the Dependency and Neglect Court System</i>	
www.casaoftheninth.org	
Colorado Child Abuse and Neglect Hotline	44-CO-4-KIDS
<i>All calls are confidential and routed to the county where the child resides.</i>	
Family Visitor Programs	945-1234 Ext 20
<i>Free Visits for all new parents from Aspen to Parachute</i>	
www.familyvisitor.org	
Bright Beginnings	945-1234 Ext 25
<i>1x visits for ALL parents of children birth to 36 months</i>	
Partners for a Healthy Baby	945-1234 Ext 20
<i>Parent education during pregnancy and after the baby's birth</i>	
Nurse Family Partnership	945-1234 Ext 27
<i>Services for 1st time pregnant moms until their baby is 2</i>	
Healthy Families America	945-1234 Ext 20
<i>Intensive visits for parents of newborns until baby is 3</i>	
Garfield County Public Health Immunizations	
Glenwood Springs	945-6614
Rifle	625-5200
La Leche League	945-6726
<i>Breastfeeding Support</i>	
Mind Springs Health	
Aspen	920-5555
Glenwood Springs	945-2583
Rifle	625-3582
www.mindspringshealth.org	
Mothers of Preschoolers (MOPS)	945-5616

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Child and Adolescent Services (continued)

Mountain Family Health	945-2840
Mountain Valley Developmental Services <i>Resources for people with developmental disabilities</i> www.mtnvalley.org	945-2306
Raising A Reader Aspen to Parachute <i>Books for children & literacy-development guidance for parents</i> www.rar4kids.org	230-9117
Reach Out and Read Colorado <i>Helping to prepare Colorado's youngest children succeed in school</i> www.reachoutandreadco.org	
Rifle Moms for Moms <i>Free local resource for parents to connect and inform</i> www.riflemomsformoms.com	319-7057
River Bridge Regional Center <i>Services for child abuse victims and their families</i> www.riverbridgerc.org	945-5195
Roaring Fork Family Resource Centers <i>Meeting health needs of students and families</i>	
Basalt	384-5855
Carbondale	384-5796
Glenwood Springs	384-6055
Executive Offices	384-5694
www.rffrc.org	
Roaring Fork School Health Centers <i>Keeping our students healthy and ready to learn</i>	384-6054
Locations:	
Basalt Elementary School	
Basalt Middle School	
Basalt High School	
Roaring Fork High School	
Sopris Therapy Services <i>Equine Assisted Therapy/Rehab. for Children, Adults and Veterans</i> www.SoprisTherapyServices.org	948-1002

Stepping Stones of the Roaring Fork Valley <i>Empowering Youth to Self-Sufficiency</i> www.steppingstonesrfv.org	319-2413
Valley Settlement Project <i>School readiness, elementary school achievement, economic stability, community engagement</i> www.valleysettlementproject.org	963-0851
WindWalkers EAL & Therapy Center <i>Equine Assisted Learning and Therapy Services</i> www.windwalkerstrc.org	963-2909
YouthZone <i>Helping communities raise great kids</i>	
Aspen	920-5702
Carbondale	963-0618
Glenwood Springs	945-9300
Rifle	625-3141
www.youthzone.com	
Youth Recovery Center at Valley View Hospital	384-7470

Child Care Referral and Assistance

Child Care Licensing and Quality Garfield County DHS <i>(new website in progress)</i>	945-9191 ext. 3066
Colorado Preschool Program	384-6010
Colorado Shines <i>Statewide child-care referral tools; help with licensed child-care search, selection</i> www.coloradoshines.com	844-447-4441
Early Childhood Network <i>Promoting quality childcare education and resources</i>	928-7111

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Child and Youth Programs

Access AfterSchool <i>www.AccessAfterSchool.org</i>	963-4402
Aspen Youth Center <i>www.aspenyouthcenter.org</i>	925-7091
Boy Scouts of America <i>www.scoutinvg.org/</i>	243-0346

Child and Youth Programs (continued)

The Buddy Program <i>Mentoring programs for youth ages 6-18 years</i>	
Aspen	920-2130
Basalt	927-1001
<i>www.buddyprogram.org/</i>	
Family Visitor Programs <i>Free Visits for all new parents from Aspen to Parachute</i> <i>www.familyvisitor.org</i>	945-1234 Ext 20
Bright Beginnings <i>1x visits for ALL parents of children birth to 36 months</i>	945-1234 Ext 25
Partners for a Healthy Baby <i>Parent education during pregnancy and after the baby's birth</i>	945-1234 Ext 20
Nurse Family Partnership <i>Services for 1st time pregnant moms until their baby is 2</i>	945-1234 Ext 27
Healthy Families America <i>Intensive visits for parents of newborns until baby is 3</i>	945-1234 Ext 20
First Ascent Youth Leadership at CMC	947-8357
4-H - Garfield County CSU Extension <i>www.extension.colostate.edu/garfieldcounty</i>	625-3969
Girl Scouts <i>www.girlscoutsofcolorado.org/</i>	242-4461
Reach Out and Read Colorado <i>Helping to prepare Colorado's youngest children succeed in school</i> <i>www.reachoutandreadco.org</i>	987-9933

Roaring Fork School Health Centers <i>Keeping our students healthy and ready to learn</i>	384-6054
Locations:	
Basalt Elementary School	
Basalt Middle School	
Basalt High School	
Roaring Fork High School	
Sopris Therapy Services <i>Equine Assisted Therapy/Rehab. for Children, Adults and Veterans</i> <i>www.SoprisTherapyServices.org</i>	948-1002
Valley Settlement Project <i>School readiness, elementary school achievement, economic stability, community engagement</i> <i>www.valleysettlementproject.org</i>	963-0851
WindWalkers EAL & Therapy Center <i>Equine Assisted Learning and Therapy Services</i> <i>www.windwalkerstrc.org</i>	963-2909
YouthEntity <i>Empowering youth through real-world learning experiences</i> <i>www.youthentity.org</i>	963-4055
YouthZone <i>Helping communities raise great kids</i>	
Aspen	920-5702
Carbondale	963-0618
Glenwood Springs	945-9300
Rifle	625-3141
<i>www.youthzone.com</i>	

Disabilities

See Services to People with Disabilities listings.

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Domestic Violence/Sexual Violence

Aspen HOPE Center	925-5858
<i>www.aspenhopecenter.org</i>	

Advocate Safehouse Project	
<i>Promotes healthy relationships free from violence</i>	
Help Line	945-4439
Help Line	285-0209
Administration	945-2632
<i>www.advocatesafehouse.org</i>	

RESPONSE
*Help for Victims of Domestic Violence & Sexual Assault
(Pitkin and West Eagle County)*

Help Line	920-SAFE (7233)
Administration	920-5357

Domestic Violence/Sexual Violence Support Groups

RESPONSE
*Help for Victims of Domestic Violence & Sexual Assault
(Pitkin and West Eagle County)*

Help Line	920-SAFE (7233)
Administration	920-5357

Advocate Safehouse Project	
<i>Promotes healthy relationships free from violence</i>	
Help Line	945-4439
Help Line	285-0209
Administration	945-2632
<i>www.advocatesafehouse.org</i>	

Drug and Alcohol Abuse Counseling

Celebrate Recovery	
Rifle (Kate Fratzky)	948-0400
Celebrate Recovery Inside, local/state jail program (Bill Orthwein)	379-3179
<i>12-step program for freedom from hurts, hangups, and habits</i>	

Mind Springs Health	
Aspen	920-5555
Glenwood Springs	945-2583
Rifle	625-3582
<i>www.mindspringshealth.org</i>	

Mountain Family Health	945-2840
-------------------------------	----------

Inpatient Services

Youth Recovery Center at Valley View Hospital	384-7470
--	----------

Prevention

Regional Prevention Specialist	800-819-9174
Suicide Prevention Education	948-6108

YouthZone	
<i>Helping communities raise great kids</i>	
Aspen	920-5702
Carbondale	963-0618
Glenwood Springs	945-9300
Rifle	625-3141
<i>www.youthzone.com</i>	

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Support Groups

Aspen HOPE Center <i>www.aspenhopecenter.org</i>	925-5858
Alcoholics Anonymous	928-0499
Al-anon/Alateen	888-966-4662
Celebrate Recovery Rifle (Kate Fratzky) Celebrate Recovery Inside, local/state jail program (Bill Orthwein)	948-0400 379-3179
<i>12-step program for freedom from hurts, hangups, and habits</i>	
Narcotics Anonymous	800-912-4597
Youth Recovery Center at Valley View Hospital	384-7474
Colorado Quit Line (Cigarettes) <i>www.co.quitnet.com</i>	800-639-QUIT

Support Groups (continued)

HEARTBEAT of Glenwood Springs <i>Support for Survivors of Suicide: 2nd Tuesday of month</i>	945-1398
WindWalkers EAL & Therapy Center <i>Equine Assisted Learning and Therapy Services</i> <i>www.windwalkerstrc.org</i>	963-2909

Employment/Training

Colorado Department of Vocational Rehabilitation <i>Working with disabled individuals to remain or reenter the workplace</i> <i>www.dvrcolorado.com/</i>	945-1042
Colorado Workforce Center <i>Employment related services for adults and youth</i> Glenwood Springs Rifle <i>www.yourworkforcecenter.com</i>	945-8638 625-5627

Go2Work Workshops <i>Free help with resumes, job searches and computer job skills</i> <i>coloradomtn.edu/partnerships/go2work_programs</i>	384-8523
Center for Independence <i>Assistance for people with disabilities and seniors</i> <i>www.cfigj.org</i>	718-5155 FAX 340-8845
Unemployment Claims and Information	800-388-5515
Workman's Compensation	888-390-7936

Food

Adventist Community Service Center <i>Serving needs in Garfield County with food, clothes, etc.</i>	625-1215
SNAP/"Food Stamps" and Food Assistance Eagle County Garfield County (Glenwood Office)	328-9586 945-9191
Garfield County (Rifle Office) Pitkin County Economic Assistance	625-5282 920-5244

LIFT-UP

Providing food and other basic assistance to our neighbors in need

Aspen	544-2009
Basalt	279-1492
Carbondale	963-1778
Glenwood	945-2005
New Castle	948-2115
Parachute	285-7903
Rifle	625-4888
<i>www.liftup.org</i>	

LIFT-UP Extended Table ("soup kitchen")

Glenwood and Rifle locations	625-4496
------------------------------	----------

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Food (continued)

Reach-Out Colorado <i>Serving Rifle and Parachute with basic emergency needs</i> www.reach-out-colorado.org	309-0384
Aspen Thrift Shop	925-3121
UpRoot <i>Volunteer – glean veggies, reduce food loss & food insecurity in GarCo</i> www.uprootcolorado.org	401-601-5249
Women, Infant & Children Nutrition	
Community Health Services (Aspen)	920-5420
Garfield County (Glenwood)	945-6614
Garfield County (Rifle)	625-5200

Health Services (clinics, referrals, home care, etc.)

Aspen to Parachute Dental Health Alliance <i>Making oral health a community priority</i> www.mygreatteeth.org	309-2064
Home Care of the Grand Valley (formerly Columbine Home Health) www.homecareofthegrandvalley.org	945-6455
Garfield County Public Health Immunizations	
Glenwood Springs	945-6614
Rifle	625-5200
Community Health Services of Pitkin County	920-5420
HomeCare & Hospice of the Valley <i>Home-health, hospice and private-duty care in your home</i> www.hchotv.org	930-6008
Mountain Family Health	945-2840
Mountain Valley Developmental Services <i>Resources for people with developmental disabilities</i> www.mtnvalley.org	945-2306

Roaring Fork School Health Centers <i>Keeping our students healthy and ready to learn</i>	384-6054
Locations:	
Basalt Elementary School	
Basalt Middle School	
Basalt High School	
Roaring Fork High School	
Pathfinders for Cancer	925-1226
Planned Parenthood (Glenwood Springs) <i>Affordable reproductive health care</i> www.pprm.org	945-8631
Pregnancy Resource Center	945-5562

Homeless Services & Shelters

Aspen Homeless Shelter www.aspensafetynet.org	925-1342
Feed My Sheep 24/7 access and referral	928-8340 309-0825

Hospitals and Clinics

Aspen Valley Hospital	920-1120
Grand River Hospital District (Rifle)	625-1510
Valley View Hospital (Glenwood)	945-6535
Mountain Family Health	945-2840

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Housing

Aspen Pitkin Housing Authority	920-5050
Carbondale Housing Authority (<i>senior housing only</i>)	963-9326
Garfield County Housing Authority	
<i>Rental assistance, senior housing, community housing administration</i>	
Glenwood Office	945-3072
Rifle Office	625-3589
Silt Senior Housing	625-3589
Valley Senior Housing (Parachute)	625-3589
Habitat for Humanity	963-8555
Manor One (Glenwood Springs)	945-9326
Manor Two (Glenwood Springs)	945-8322
Mountain Regional Housing Corp. (Carbondale)	704-9801
Rifle Housing Authority (<i>senior housing only</i>)	625-3974
Sunnyside Retirement Center	945-9234

Immigrant Services

Catholic Charities – Community Immigration Services	384-2060
<i>www.ccdenver.org</i>	
US Citizenship & Immigration Services	800-375-5283
Valley Settlement Project	963-0851
<i>School readiness, elementary school achievement, economic stability</i>	
<i>www.valleysettlementproject.org</i>	

Legal Services

Alpine Legal Services	
<i>Civil legal services to indigent, crime victims & seniors</i>	
Aspen	920-3032
Glenwood Springs	945-8858

Court Appointed Special Advocates of the Ninth Judicial District (CASA of the Ninth)	987-4332
<i>Volunteer Advocates for children in the court system</i>	
<i>www.casaoftheninth.org</i>	
Catholic Charities - Immigration Services	384-2060
<i>www.ccdenver.org</i>	
Crime Stoppers of Garfield County	945-0101
District Attorney's Office	945-8635
Victim/Witness Assistance Project	
Garfield County	945-8635
Pitkin County	920-5341

Libraries

Garfield County Public Library District	
<i>Connecting our communities to a world of possibilities</i>	
Administration	625-4270
Carbondale Branch Library	963-2889
Glenwood Springs Branch Library	945-5958
New Castle Branch Library	984-2346
Parachute Branch Library	285-9870
Rifle Branch Library	625-3471
Silt Branch Library	876-5500
<i>(For homebound services, please call local branch.)</i>	
<i>www.gcpld.org</i>	
Basalt Library	927-4311
<i>www.basaltlibrary.org</i>	

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Mental Health

Aspen HOPE Center	925-5858
<i>www.aspenhopecenter.org</i>	
Aspen Strong Foundation	215-833-5817
<i>Searchable directory of professionals supporting mental hygiene</i>	
<i>www.aspenstrong.org</i>	
Celebrate Recovery	
Rifle (Kate Fratzky)	948-0400
Celebrate Recovery Inside, local/state jail program (Bill Orthwein)	379-3179
<i>12-step program for freedom from hurts, hang-ups, and habits</i>	
HEARTBEAT of Glenwood Springs	945-1398
<i>Support for Survivors of Suicide: 2nd Tuesday of month</i>	
Mind Springs Health	
Aspen	920-5555
Glenwood Springs	945-2583
Rifle	625-3582
<i>www.mindspringshealth.org</i>	
Mountain Family Health	945-2840
Riding Institute for Disabled Equestrians (RIDE)	876-2987
<i>Equine therapy for children and adults</i>	
<i>www.Coloradoride.org</i>	
Sopris Therapy Services	948-1002
<i>Equine Assisted Therapy/Rehab. for Children, Adults and Veterans</i>	
<i>www.SoprisTherapyServices.org</i>	
WindWalkers EAL & Therapy Center	963-2909
<i>Equine Assisted Learning and Therapy Services</i>	
<i>www.windwalkerstrc.org</i>	

YouthZone	
<i>Helping communities raise great kids</i>	
Aspen	920-5702
Carbondale	963-0618
Glenwood Springs	945-9300
Rifle	625-3141
<i>www.youthzone.com</i>	

Non-profit Support/Grant Maker

United Way Battlement to the Bells	625-8189
<i>Championing charitable giving for local communities</i>	
<i>www.unitedwaybb.org</i>	

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Schools

Aspen School District

Aspen Community School	923-4080
Aspen Elementary School	925-3760
Aspen Middle School	925-3760
Aspen High School	925-3760

Garfield County District 16

(Parachute/ Battlement Mesa/Grand Valley)

Administration Office	285-5701
Bea Underwood Elementary School	285-5703
Grand Valley Early Childhood Literacy Center	285-5702
Grand Valley High School	285-5705
L.W. St. John Middle School	285-5704
Rocky Mountain SER Head Start	285-0148

Mountain BOCES

Yampah Mountain High School	945-9463
-----------------------------	----------

Roaring Fork School District RE-1

Basalt

Basalt Elementary School	384-5800
Basalt Middle School	384-5900
Basalt High School	384-5959

Carbondale

Bridges High School	384-5995
Carbondale Middle School	384-5700
Crystal River Elementary School	384-5620
Carbondale Community School	963-9647
Roaring Fork High School	384-5757
Rocky Mountain SER Head Start	963-9121

Glenwood Springs

Glenwood Springs High School	384-5555
Glenwood Springs Middle School	384-5500
Glenwood Springs Elementary School	384-5450
Sopris Elementary School	384-5400

Roaring Fork School District – District Wide

Career Center/Vocational Technical	384-5980
District Office	384-6000

Family Resource Center of the

Roaring Fork School District

Connecting families, schools and communities

www.rffrc.org

Garfield Re-2 School District

Re-2 District Office	665-7600
Support Services	665-7617
Transportation	665-7630

New Castle

Kathryn Senor Elementary	665-7700
Riverside Middle School	665-7800

Silt

Cactus Valley Elementary	665-7850
Coal Ridge High School	665-6700

Rifle

Highland Elementary	665-6800
Rifle Middle School	665-7900
Rifle High School	665-7725
Rocky Mountain SER Head Start	665-7957
Wamsley Elementary	665-7950

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Senior Services

Alzheimer's Special Care Units

Colorado State Veterans Nursing Home <i>Post-acute Rehab Center, and Skilled Nursing Care</i> www.colorado.gov/cdhs/veteranshomes	625-0842
---	----------

Assisted Living

Creekside Assisted Living	945-5155
Crossroads Assisted Living www.crossroadsalc.org	625-4343
Heritage Park Care Center www.heritageparkcarecenterco.com	963-1500
Mesa Vista Assisted Living www.seniorhousingoptions.org/properties/mesa-vista/	285-1844
Open Gate www.opengateassistedliving.com	945-5855
Peregrine Senior Living at Glenwood Springs www.peregrineseniorliving.com	945-1121
Whitcomb Terrace Assisted Living www.aspenvalleyhospital.org/page.cfm?pageid=21564	544-1530

Fitness for Seniors

Garfield County Senior Well and Wise <i>Evidence-based exercise class for those 50+</i>	945-9191 Ext. 3061
Pitkin County Senior Services	920-5432
Silver Sneakers	
Carbondale	704-4190
Glenwood	945-4440
New Castle	984-3200

Sopris Therapy Services <i>Equine Assisted Therapy/Rehab. for Children, Adults and Veterans</i> www.SoprisTherapyServices.org	948-1002
---	----------

WindWalkers EAL & Therapy Center <i>Equine Assisted Learning and Therapy Services</i> www.windwalkerstrc.org	963-2909
---	----------

High Country RSVP <i>Let us help you find meaningful volunteer opportunities!</i> www.highcountryrsvp.org	947-8462
---	----------

AARP Driving Class Driver Safety for 50+	384-8747
ARRP Tax-aide	384-8740
Helping Hands for Seniors (Handyman)	384-8746
Medicare Counseling	384-8744

Home Health Care

Home Care of the Grand Valley (formerly Columbine Home Health) www.homecareofthegrandvalley.org	945-6455
---	----------

InnovAge (for profit) www.myinnovage.org	947-5201
--	----------

HomeCare & Hospice of the Valley www.hchotv.org	930-6008
---	----------

Senior Housing

Aspen Pitkin Housing Authority	920-5050
Carbondale Housing Authority (<i>senior housing only</i>)	963-9326

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Senior Services (continued)

Senior Housing (cont.)

Garfield County Housing Authority

Rental assistance, senior housing, community housing administration

Glenwood Office	945-3072
Rifle Office	625-3589
Silt Senior Housing	625-3589
Valley Senior Housing (Parachute)	625-3589

Habitat for Humanity 963-8555

Manor One (Glenwood Springs) 945-9326

Manor Two (Glenwood Springs) 945-8322

Mountain Regional Housing Corp. (Carbondale) 704-9801

Rifle Housing Authority (senior housing only) 625-3974

Sunnyside Retirement Center 945-9234

Information/Referral and Case Management for Seniors

Center for Independence 718-5155

Assistance for people with disabilities and seniors FAX 340-8845
www.cfigj.org

Garfield County Senior Programs 945-9191 Ext. 3061

Pitkin County Senior Services 920-5432

Nursing Homes / Senior Centers / Adult Day Care

Colorado State Veterans Nursing Home 625-0842

Post-acute Rehab Center and Skilled Nursing Care
www.colorado.gov/cdhs/veteranshomes

E. Dene Moore Memorial Home 625-1514

Grace Health Care 945-5476

Heritage Park Care Center 963-1500

Sunnyside Retirement / Club 60 945-9234

Rifle Senior Center 625-1877

Valley Senior Center (Parachute) 285-7216

Senior Matters (Carbondale) 945-7094

963-2356

Nursing Home Transition

Colorado State Veterans Nursing Home 625-0842

Post-acute Rehab Center and Skilled Nursing Care
www.colorado.gov/cdhs/veteranshomes

Senior Matters (Carbondale) 945-7094

963-2356

Nutrition Programs

Meals on Wheels (Glenwood Springs) 945-0373

Meals on Wheels via Grand River Health 625-6423

(New Castle, Silt, Rifle, Parachute/Battlement Mesa)
<http://grandriverhealth.org/mealsonwheels/>

Pitkin County Senior Services

Aspen (Mon, Wed, Fri) 920-5432

River Center Network Luncheon 984-0373

(Held on Wednesdays)

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Senior Services (continued)

Nutrition Programs (cont.)

Senior Meal Sites

Carbondale (Wednesday)	945-9117
Glenwood Springs (Tuesday, Friday)	945-9117
Parachute (Wednesday)	285-7216
Rifle (Tuesday, Thursday, Friday)	625-1366
New Castle (Monday)	625-1366
Silt (Wednesday)	625-1366
Sunnyside (Glenwood Springs)	945-8197

Garfield County Senior Nutrition Program 945-9191 Ext. 3061
7 meal sites in Garfield County serving lunch at noon

Western Garfield County Meals on Wheels 625-6423
(New Castle to Parachute)

Senior Recreation Programs

Eagle County Public Health, Healthy Aging Program 379-0020
Free exercise classes, activities; Tues./Thurs. noon lunches
 El Jebel Community Center

Pitkin County Senior Services 920-5432

Silver Sneakers

Carbondale	704-4190
Glenwood	945-4440

Senior Transportation

Traveler Program

Glenwood Springs/Carbondale	945-9117
New Castle to Battlement Mesa	625-1366

Pitkin County Senior Services 920-5432
(Aspen and Redstone)

Services to People with Disabilities

Center for Independence 718-5155
Assistance for people with disabilities and seniors FAX 340-8845
www.cfigj.org

Challenge Aspen 923-0578
challengeaspen.org

Colorado Department of Vocational Rehabilitation 945-1042
Working with disabled individuals to remain or reenter the workplace
www.dvrcolorado.com/

Home Care of the Grand Valley 945-6455
(formerly Columbine Home Health)
www.homecareofthegrandvalley.org

Riding Institute for Disabled Equestrians (RIDE) 876-2987
Equine therapy for children and adults
www.Coloradoride.org

Mountain Valley Developmental Services 945-2306
www.mtnvalley.org

Special Olympics of Colorado 954-0395
www.specialolympicsco.org/

Sopris Therapy Services 948-1002
Equine Assisted Therapy/Rehab. for Children, Adults and Veterans
www.SoprisTherapyServices.org

Valley Life for All **319-1279**
Connecting our valley resources for people with disabilities
www.valleylifeforall.org

WindWalkers EAL & Therapy Center 963-2909
Equine Assisted Learning and Therapy Services
www.windwalkerstrc.org

Garfield County Human Services Directory

All area codes are 970 unless otherwise noted.

Social Security

Center for Independence	718-5155
	FAX 340-8845
<i>Social Security Benefits Counseling</i>	
General Information	800-772-1213
Glenwood Springs Office	945-8609

Social Services

Child and Adult Protection	
Garfield County	945-9193
Pitkin County	429-2040
Garfield County Department of Human Services	
Rifle DHS Main Office	625-5282
Glenwood Springs DHS Office	945-9191
<i>www.garfield-county.com</i>	
Public Assistance (Food Assistance/Medicaid)	
Garfield County	945-9191
Garfield County (Rifle)	625-5282
Pitkin/Eagle County	704-2777
Social Security Administration	
201 14 th St Suite 101	866-220-7898
Glenwood Springs, CO 81601	
Women, Infants and Children Nutrition (WIC)	
Community Health Services (Aspen)	920-5420
Garfield County (Glenwood)	945-6614
Garfield County (Rifle)	625-5200

Support Groups

Aspen HOPE Center	925-5858
<i>www.aspenhopecenter.org</i>	
Alcoholics Anonymous	928-0499
Al-anon/Alateen	888-966-4662

Narcotics Anonymous	800-912-4597
Youth Recovery Center at Valley View Hospital	384-7474
Colorado Quit Line (Cigarettes)	800-639-QUIT
<i>www.co.quitnet.com</i>	
HEARTBEAT of Glenwood Springs	945-1398
<i>Support for Survivors of Suicide: 2nd Tuesday of month</i>	

Veterans' Services

Center for Independence	718-5155
<i>Assistance for people with disabilities and seniors</i>	FAX 340-8845
<i>www.cfigj.org</i>	
Riding Institute for Disabled Equestrians (RIDE)	876-2987
<i>Equine therapy for children and adults</i>	
<i>www.Coloradoride.org</i>	
Western Slope Veterans Coalition	319-7900
Sopris Therapy Services	948-1002
<i>Equine Assisted Therapy/Rehab. for Children, Adults and Veterans</i>	
<i>www.SoprisTherapyServices.org</i>	
WindWalkers EAL & Therapy Center	963-2909
<i>Equine Assisted Learning and Therapy Services</i>	
<i>www.windwalkerstrc.org</i>	

Volunteers

High Country RSVP	947-8462
<i>Let us help you find meaningful volunteer opportunities!</i>	
<i>www.highcountryrsvp.org</i>	
Medical Reserve Corps	625-3393
<i>Volunteers for the community in emergency needs</i>	
UpRoot	401-601-5249
<i>Volunteer – glean veggies, reduce food loss & food insecurity in GarCo</i>	
<i>www.uprootcolorado.org</i>	
